# Suicide Prevention Draft Action Plan Health Liaison Panel, November 2023



#### Introduction to the Suicide Prevention (Draft) Action Plan

In March 2023, a recommendation was made at the HLP for a Suicide Prevention Action Plan (SPAP)

The plan will draw on the 6 priorities identified in Surrey's Suicide Prevention Strategy in recognition that the factors pertaining to suicide remain consistent across the County

It is accepted that the plan will evolve over time as more information comes to light. It will therefore only span one-year to allow a timely review.

SPAP reflects Priority 4 in the Council's Health & Wellbeing Strategy for supporting the 'Mental and Emotional Health of Residents'



To improve the Council's awareness, and response to Suicide.

### **Areas of work**

To deliver internal training on suicide to nominated staff teams.

To promote Public Health's Mental Health First Aid and Suicide First Aid Training across staff teams.

To adopt a mandatory training requirement for identified front-line teams/nominated officers.



### **Areas of work**

2. To raise awareness of suicide bereavement across the Council and the community.

To include information on the Surrey Support After Suicide service at internal trainings and provide information from there to residents impacted by suicide.

To ensure the promotion of the service in all Council venues and to the Community and Voluntary Sector.

To seek training via the Surrey Suicide Prevention Partnership for Council staff and the Community and Voluntary Sector in suicide bereavement



### **Areas of work**

3. To improve the Council's active participation in raising awareness of suicide in the wider community.

Develop a well-resourced webpage with a focus on mental health that includes Suicide Awareness and Prevention resources.

Plan a social media campaign to coincide with World Suicide Prevention.

Work with the Council's Art and Culture Officer in exploring the impact of the arts in raising awareness of suicide.



#### **Areas of work**

4. To work with End Stigma Surrey in the roll-out of Anti-stigma training.

To promote Anti-stigma training across Council, Community and Voluntary Sector, Businesses and Health Partners.



#### **Areas of work**

5. To work with Public Health and the Surrey Suicide Prevention Partnership in understanding data from the Real Time Surveillance.

To work with identified partners to better understand 'real time' contributing factors/hotspots for suicide in the Borough.

Utilise intelligence to inform service provision in relation to hotspots.



### Areas of work

6. To work to improve the Council's awareness, provision and response to those communities identified as being at increased risk.

To engage 'grass root' and CVS who work with 'at risk' groups, as to better understand the needs, support available and the gaps in provision.

Conduct a data review and using Real Time Surveillance, in respect of the demographics in the borough in relation to increased suicide risk.

Use this intelligence to inform service provision and the targeted promotion of services.

To better advise front-line services in the Council of those who may be more at risk of suicide, as to triage and respond more effectively.



#### **Areas of work**

7. To improve the Council's response to trauma, and the mental health needs of Refugee and Asylum seekers in the Borough.

Front-line Council staff and identified partners to enrol on trauma informed support training.

Commission training in undertaking a trauma-informed approach to support, and the application of techniques.



# For the Health Liaison Panel

- Questions
- Views, comments and suggestions
- Alison Todd Protocol
- Work of our external D&B colleagues in relation to Suicide Prevention

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12-noon Monday 27<sup>th</sup> Nov

